

The Child, The Master, & The Inner God

Portals to tune into Divine Health



Gaitana Yantal

THE CHILD, THE MASTER, & THE INNER GOD:
PORTALS TO TUNE INTO DIVINE HEALTH

Teachings of Gaitana Yantal
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Disclaimer: the information contained in this book cannot replace or substitute for the service of trained professionals in any fields, including, but not limited to, financial, medical, psychological, academic, or legal matters. Our intention is to share what the Ascended Masters consider can help us usher in The New Earth.

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Introduction

We are navigating a planetary phase that invites us to **heal to create** a new reality. This window of opportunity offers us to reveal innovative as well as ancient ways of healing to find the combination of frequencies that will help us restore our Divine Health.

The tendency towards **Collective Unity** shows us that opposites will cancel each other and that everything will reach a point of equilibrium. Eastern and Western medicine will find a common ground, which will enhance our well-being practices. Only Unity Consciousness can heal us because it helps us transcend the polarity of the mind, which creates opposition, separation, competition, and conflict. By focusing on collaboration, we will enrich our life experience and learn to **co-create** new possibilities.

To heal means to complete. It does not refer to a disease or a symptom that must be fixed, but to our ability to remember who we are in order to embody our original design. **Truth** is the highest form of healing. When we remember our divine origin, we know that we have been created in the image and likeness of a **Source of Infinite Perfection** with which we are always connected and with which we can tune in daily to revitalize ourselves.

Physical, mental, and emotional imbalances stem from the false belief that we are separate from God and that, therefore, we lack the vitality and the inner resources we require to thrive. When we adhere to a false belief system, we create dysfunctions because we respond to a program of lack and insufficiency that is not real.

Our **Inner Healer** wants to awaken to show us how to restore our natural balance. Everything we are looking for is within, but we have been raised to believe that we depend on experts or on external structures to live a fulfilling life. **Your Medicine is within.** Are you ready to discover it?

Welcome to the Universe of Divine Healing!

A handwritten signature in black ink, reading "Gaitana Yantal". The script is fluid and cursive, with the first name "Gaitana" and last name "Yantal" clearly distinguishable.

Align with the Medicine of this Age

Words are energy containers. When they are combined, they create a specific reality. Conducting frequencies through writing is a process of continuous surrender because it implies leaving the known universe, what is familiar, to venture to discover new **matrices of creation**.

This text represents our passion for individual and collective healing, that is, for our Faith in global transformation as a preamble of Heaven on Earth. This message upgrades our own consciousness as we are open to receive new keys and insights that can assist with the organic transition to the Aquarian Consciousness.

Each cosmic cycle inaugurates a Period of Opportunities, a paradigm that establishes a New Order with which we must align. What do we need to focus on to complete the passage to this new world model? Our **integral healing**. We need to accept and to forgive all of our life experiences so that this integration helps us go through the "eye of the needle", which represents the Portal between Eras.

Divine Healing is based on **Alchemy**, that is, on our innate ability to transmute misqualified energy and to recognize the miraculous and regenerative power of life.

It is essential to heal all our internal aspects before creating a new life because we cannot build a prosperous reality on unstable foundations. Like an iceberg, human beings show only a part of the whole. Underwater, lies the accumulation of unprocessed experiences and the dormant potential that we need to activate to realize ourselves. We are often surprised by the endless layers of trauma, fear, insecurities, and painful memories that manifest when we begin our healing journey, but it is necessary to recognize them in order to transform ourselves.

Everything that has been repressed will seek liberation.

By expanding your consciousness and activating more Light Codes within you, you will illuminate your unconscious and be able to identify the limiting patterns that create discomfort. Your **victim body will be awakened**, which contains the causes and effects of everything that is creating blockages and a distorted use of your life force energy. This deficient matrix will show you what needs to be healed with the power of Unconditional Love.

Divine Love is the Medicine of this Age.

When we vibrate in this frequency, we awaken the necessary virtues to transcend the attachment to an artificial belief system that disconnects us from our inner wisdom. Love humbles us and allows us to contemplate ourselves and others with compassion. It awakens our **Karuna Consciousness**, that is, the compassionate action that frees us from suffering.

Even if there is much to be healed, we are also receiving the vision of our victory, which anticipates a reality in which we can live and create in the Light.

Alchemy precedes divine creation. When we can focus on our highest vision of transformation while, at the same time, we are able to acknowledge all that we need to process, we achieve the necessary balance to enthusiastically explore our potential.

In this transmission we will focus on 3 aspects of healing that will encourage you to break the shells of the ego (that keep you trapped in a limited identity) in order to **externalize your Divine Blueprint**: The Inner Child, the Inner Master, and the Inner God/Goddess. Each one will share valuable keys to remember how to restore and illuminate your Physical Temple. Creative innocence, Christ healing and eternal wisdom will show you the signs and reveal the inner spaces that need to reconnect with the Divine.

We will share with you Divine Initiations that will encourage you to shed multiple layers of distortion so that you can lift those veils of illusion and awaken the power of your Light. Your Christ Consciousness is the bridge that will lead you to Freedom and that will reactivate your Inner Medicine. It will expose the "toolbox" that will escort you along your path of transformation.

Remember that the greatest gift of love you can give yourself is to **pause to heal**. It is not a privilege or a symptom of weakness, but a sign of abundance because it implies that you are willing to commit to your well-being and that you see the value in dedicating yourself to creating a harmonious life. Your health awakens when you connect with **worthiness**.

By starting an introspective journey, you will gradually reduce external distractions and focus on your spiritual development. Your **Integrity**, your ability to be present with your Inner Universe without fragmenting/dispersing, will ignite two of your essential virtues: *honesty*, which will help you self-assess your inner matrix in a humble way, and *unity*, which will train you to stop projecting your fears or discomfort and to listen to the healing messages of your Inner Guide. It is important to respect your intuition to stop accumulating knowledge and postponing your evolution. It's time to **apply** what you know. Global transformation depends on your enlightened actions.

In our **in-person and online trainings** we share both the Light Technology that we constantly "download" from the higher planes to vibrate in Health and Abundance and the ancestral practices that complement it. In this eBook we will make some of these fundamental tools available so that you have concrete practices to reconnect with your Original Matrix.

The first **Light Code** that we share as we begin this cycle of Inner Initiations reminds you that you are an Energy/Light Being and that you have the potential for change. Therefore, you can encode your cellular intelligence to create Sacred Geometry and to command your cells to group together in harmonic forms and patterns that enhance life.



Light Code # 1: "I Am Enlightened Consciousness"



"I Am" reconnects you with Universal Love and reminds you that you are inherently abundant because you are One with the Divine. **"Consciousness"** activates your inner power because, when you are present with your reality, you can identify which aspects need to be updated and which ones need to be released to start a new cycle of evolutionary experiences. The fact that you are not only a conscious Being, but that your consciousness is **"Enlightened"** implies that you always have direct access to the wisdom of God and that you can realize your divine nature.

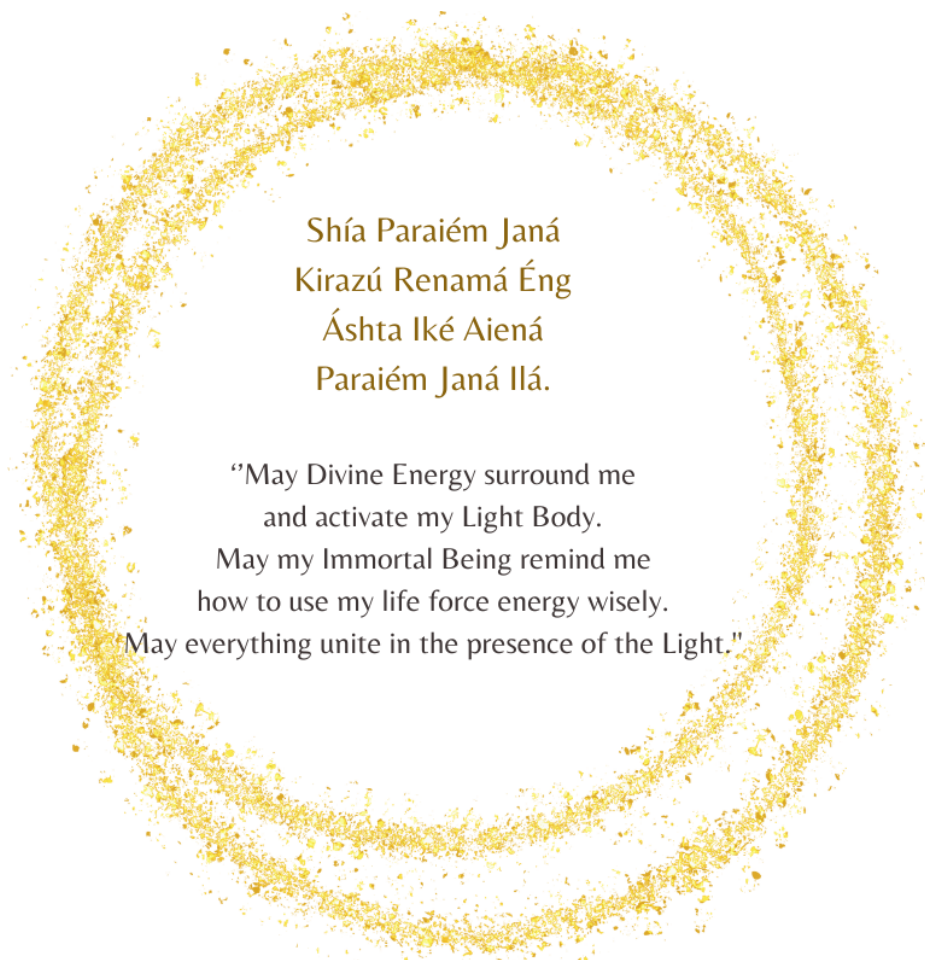
This initial Code ignites your **Threefold Flame** - the triple flame that exists in the Sacred Temple of your Heart - to promote your Path of Enlightenment. This divine spark connects you with the creative state and with three primordial divine qualities: omnipresence, omnipotence, and omniscience. This divine breath, or vital impulse, will simplify your path, give you security and encourage you to stop justifying your seeming limitations.

Contemplate yourself with mercy to shapeshift!

Embrace the Divine Health Prayer

To open the doors of Divine Healing, we offer you to pronounce a Sacred Prayer both in Light Language and in English.

Light Language has no direct translation as it captures an energy package that is encoded and that can only be translated by your Higher Self. It does not speak to your mind, but to your soul so that you can remember your origin and your essence and so that you catalyze the spontaneous awakening of the inner gifts that will facilitate your conscious transformation.



It is important to remember that you cannot restore something on the physical plane because any materialized expression belongs to the world of effects (results). You cannot correct an external pattern, because that plane of reality **reflects** the matrix (thought form) that is active within you. In other words, when you observe limitations in your material field it is because you are identified with a "poverty mindset" (cause) and you perceive lack instead of abundance (opportunities).

The belief system that governs your mind and your emotions has been programmed to keep you in co-dependent relationships, that is, to believe that you need something external to fulfill you. It makes you feel incapable and undervalued so that you do not recognize your inner power and seek your 'salvation' in others. Likewise, it trains you to postpone your liberation and it makes you believe that there is an ideal future moment in which the perfect conditions will be given for you to choose to love yourself unconditionally. However, as you may have discovered, the promised moment never comes. "Lack mentality" buys time to distract you from claiming your potential.

This Prayer will inspire you to surround yourself with Light to transcend your ancestral fears and to remember your purpose. When your vision is clear, you can unify within and move forward with **determination**.

Recognize your Source of Life

We invite you to focus on your heart and to visualize your **Inner Temple**. In the stillness and silence of your Being, you will find a way to connect with the Source of Creation.

The tools we will share have no power in themselves. They create access points to Divine Health. Divinity communicates through symbolic language, by using 'vibrational keys', to awaken different facets of your consciousness. To avoid creating egoic resistance, you will receive mantras and images that will permeate your unconscious so that you can transform yourself.

As you enter the Sacred Temple of your heart you will notice that discomfort may arise. Since you will be in **communion with God** (your highest vibration), you may feel intimidated by so much Light and unconscious fears and insecurities may surface. You may even be surprised to feel emotions that you thought you had already healed.

Criticism and condemnation, like the feeling of contempt, are created by human indoctrination. Since you have been raised to deny them, you may project those attributes onto God and believe that the Divine is a source of penance and punishment. However, those forms of disdain are generated by the idea that you are separate from God and that you lack **godly qualities**.

Meditating in your Temple involves cultivating the divine virtues that you require to realize your highest vision. How long can you focus on it without giving up, complaining, or projecting lack?

In the presence of God, everything will be revealed so that you can free yourself from your limitations and discover your **luminous essence**.

Your time and space of recollection is your opportunity to open your heart and to empty yourself of worries and suffering. Divinity does not intend to establish a serious or solemn relationship with you, but one that is familiar. It encourages you to feel a deep **affinity** and provides you with a sacred place where you can remember the Truth.

God is the healer *par excellence* because his Light cancels the illusion. Remember that **a Healer does not judge, he sets you free**. He summons you to 'exonerate' you and to offer you a sacrament, a touch of grace.

Many Human Beings believe that God has abandoned them, and they avoid getting closer to Divinity because, through that unconscious form of grievance, they generate *debt* (the false idea that God owes them something). They manipulate their connection as they expect God to apologize for their life circumstances. Instead of accepting that we are the ones who disconnect from the divine vibration, we allow our inner victim to project its discontent/frustration. If we want to heal ourselves, we have to mature and take responsibility for our (dis)connection.

When we become attached to the victim's perspective, we generate more and more resentment and mistrust and create our own ordeal. We fall into the trap of lament, which leads us to self-damnation (seeming absence of the Light). In those moments, it is important to reconnect with integrity because it is what will crystallize The New Earth. Perhaps you think that "honesty gets you nowhere", but it is precisely **right action** that will transform the human-planetary consciousness.

The following **Mantras** will help you heal your unconscious projections and allow yourself to be transformed by Christ Consciousness. Every time you enter your Inner Temple, chant, or pronounce these sacred codes to abide in the peace of God.



OM HU I AM
JEHOVAH JIREH

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